

First Steps with the Mazamas



For more information on any of these activities, contact the Mazama Mountaineering Center ((503) 227-2345, or adventure@mazamas.org) or check the Mazamas Web site, www.mazamas.org.

Mazamas is a non-profit mountaineering education organization founded on the summit of Mount Hood on July 19, 1894. Our mission is to provide a comprehensive mountaineering program with allied activities that enhances the participants' enjoyment and protects the alpine environment. We offer activities and training in climbing, hiking, safety, first aid, conservation and wilderness ethics.

Summit a mountain

Mountaineering is our main activity! We have over 450 climbs a year for all abilities and skill levels, from a late summer scramble up South Sister to remote, multi-day routes in the North Cascades. For a current climb schedule or more info, see our Web site under Activities and Events. If you want to ascend a non-technical, glaciated peak like Mt. St. Helens or South Sister to qualify for Mazama membership, see the "Hike to the Summit" program on the Web site Activities/Hiking pages.

Climb a rock

We offer indoor gym climbing from November to April (Climb Night), and have evening outdoor climbing at Rocky Butte in Portland from May through August (Rock Review and the Summer Rock Program). Build your confidence and practice your moves in a beginner friendly environment. See the Education pages on the Web site.

Take a hike

With over 800 hiking, Nordic skiing and snowshoeing trips a year there are plenty of new trails to discover with the Mazamas. Hikes at all distances and fitness levels are offered. Typically there's no need to call the leader – simply show up at the carpool meeting spot 10 minutes before the indicated departure time and sign in. See Trail Trips in the Bulletin or Activities/Hiking on the Web site.



Walk after work

Street Rambles offer a great chance to stay fit, meet other active folks and explore some hidden streets and trails of NW Portland within your busy schedule. Two-hour rambles leave from the REI parking garage at NW 14th and Johnson every Tuesday and Thursday year round at 6:00 pm sharp (except holidays or Portland Public School snow days). See our Web site under Activities/Hiking.

Learn something new

No matter what your experience, our classes can help you take your skills to the next level in Mountaineering, Rock Climbing, First Aid, Nordic Skiing, Ski Mountaineering, and more. Members get a considerable discount on all classes. Some Mazama lectures (not field sessions) are free and open to anyone, even if you are not in the class! This can be a great way to get some exposure to more advanced techniques. See the Web site under Education and Classes for complete class info and lecture schedules.

Fix a trail

Our Trail Tending crews give you a chance to give something back to the land. We provide the tools and guidance you need to do trail construction and maintenance – real satisfaction from a day in the woods. See the Trail Tending page under Activities/Hiking on the Web site.

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